

# Creating an International Body for Soteria Ideas: Addressing more Communities - Multiply the Impact!

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# Soteria as way to promoting person-centred and rights-based approaches



# Why?

- To make Soteria a part of every mental health system around the globe
- There are many «Soteria –ideas» floating around
  - dissolution is a real danger... - What are the core ideas of «Soteria»?
  - Are the core elements still «up-to-date»? What needs to be adapted?
- We need to join forces to make a difference
  - We need to have an impact on «mainstream psychiatry»
  - Implementing the WHO Guidance 2021
  - Reducing coercion in mainstream psychiatry
  - Contribute to a better mental health care system
  - «Soteria Fidelity Scale» has to be re-discussed and validated
  - We need to combine experience with research – who takes part?

# What?

- We propose an international body «SOTERIA»
  - under the wings of ISPS
  - Physical meetings at every ISPS Conference
    - Internal organisation and reporting to the ISPD committee is to be developed
  - Virtual or physical meetings of all participants at least once a year, or on demand.
- Goals:
  1. Unify Soteria ideas, which float around the globe
  2. Use the diverse Soteria community, to create a new Soteria identity
  3. Contribute to a fundamental change in mental health services according to the WHO Guidances
  4. Create acceptance and increase implementation for the Soteria Fidelity Scale SFS in «conventional psychiatry»
  5. Further research and publications on Soteria

# How to become a member?

- Rules of the ISPS
  - You have to be a member of a regional group
  - Stand now, no further fees will pop up for being member in the Soteria Subcommittee
- What we – Soteria subcommittee of ISPS – expect
  - Participation in presence at the bi-annual meetings of the ISPS Meetings
  - Regular meetings online or hybrid or in presence, at least once a year.
- Interested? Send a mail to:
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