

Transforming services & promoting rights in mental health



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Key CRPD rights relevant to mental health

- Legal capacity and supported decision making (Art 12)
- Liberty and Security of person (Art 14)
- Independent community living (Art 19)
- Right to health (Art 25)



WHO QualityRights objectives

- Build capacity to **combat stigma and discrimination** and promote human rights and recovery
- Create **community-based services** and **supports** that respect and promote human rights
- Promote the **participation** of persons with lived experience and support civil society
- Reform national **policies and legislation** in line with the CRPD and other international human rights standards



Creating rights-based community mental health services

Community based services based on the social and human rights models of disability

- Holistic services that consider people in the context of their whole lives & address social determinants of mental health
- Access to the full range of services & supports necessary to promote community inclusion and prevent isolation & segregation
- Services free from coercion & that promote legal capacity



WHO Guidance on community mental health services: Promoting person-centred & rights-based approaches

- Showcases 25 holistic rights-based services from around the world
- All types of services : Crisis services; Hospital-based services; Community centres; Peer support services; Community outreach services; Supported living; & Comprehensive mental health service networks



Selected as a good practice service model

- Met human rights criteria
- Evaluation data demonstrating effective
- Rights-based community services with good health & social outcomes



WHO QualityRights resources & links

Capacity building

- QR training & guidance materials:
<https://www.who.int/publications/i/item/who-qualityrights-guidance-and-training-tools>
- QR e-training on mental health, recovery & inclusion:
<https://www.who.int/teams/mental-health-and-substance-use/policy-law-rights/qe-training>

Creating rights-based community services

- Guidance & technical packages on community mental health services:
<https://www.who.int/publications/i/item/guidance-and-technical-packages-on-community-mental-health-services>
- QR service assessment toolkit:
<https://www.who.int/publications/i/item/9789241548410>
- QR module on transforming services & promoting rights:
<https://www.who.int/publications/i/item/9789241516815>

Participation

- WHO Guidance on one-to-one peer support
<https://apps.who.int/iris/bitstream/handle/10665/329591/9789241516785-eng.pdf>
- WHO Guidance on peer support groups
<https://apps.who.int/iris/bitstream/handle/10665/329594/9789241516778-eng.pdf>
- WHO Guidance setting-up civil society organizations
<https://apps.who.int/iris/bitstream/handle/10665/329589/9789241516808-eng.pdf>
- WHO Guidance on advocacy campaigns
<https://apps.who.int/iris/bitstream/handle/10665/329587/9789241516792-eng.pdf>

Policy and law reform

- WHO/OHCHR Guidance on mental health, human rights & law
<https://www.who.int/publications/i/item/9789240080737>
- WHO Guidance on mental health policies & strategic action plans - **coming soon**
- WHO MiNDbank online database:
<https://extranet.who.int/mindbank/>
- QualityRights country implementation portal:
<https://qualityrights.org/>



THANK YOU!